


SPIE CATERING

Walkden High School

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Homemade Meat Pie 	Posh Dogs Served on a Finger Roll 	Roast Beef and Yorkshire Pudding 	Chicken Korma 	Breaded Fish 
Vegetarian Meals	Vegetarian Balti	Cottage Pie	Vegetarian Sausage	Oven Baked Omelettes	Three Bean Chilli
Starchy Foods	Mash Steamed 50/50Rice	Sweet Potato Wedges	New Potatoes Mash Potatoes	Steamed 50/50 Rice Herby Diced Potatoes	Mash White Rice
Vegetables / Salad	Chefs Choice	Chefs Choice Mixed Salad / Coleslaw	Cauliflower Cheese Chefs Choice	Beans	Chefs Choice
Pasta Dishes	Pasta Sauce served daily from the following options: Arrabiata, Basilico, Pomodoro, Chicken – Italiano, Sweet Chilli, Firecracker, Tikka, Torino				
Jacket Potatoes	Jacket Potato served either Plain or with a choice from a variety of fillings available daily: Tuna, Cheese, Baked Beans and Chefs Choice				
Soup	One choice of soup served daily from the following options: Leek and Potato, Butternut Squash and Parsnip, Carrot and Sweet Potato and Chefs choice.				
Self –Service Salad Bar	Various Salad items available daily from the self-service Bar				
Sandwiches	Variety of filled Sandwiches available daily: Chicken, Tuna Mayo, Ham, Cheese, Egg Mayo				
Open Baguettes	Variety of open filled Baguettes or Deli Sub available from the Counters and filled from the self-service Bar				
Tortilla	Varieties of filled Tortillas served daily from the following options: Chicken –BBQ, Chinese, Sweet Chilli, Chipotle, Tandoori, and Louisiana.				
Pizza	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato
Panini - Ham	Cheese & Ham	Cheese & Ham	Cheese & Ham	Cheese & Ham	Cheese & Ham
Panini- Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato
Dessert	Chocolate Blueberry Brownie	Paris Jam Sandwich Custard	Shortbread Biscuit Served with Fruits	Cornflake Tart Custard	Orange Cake and Chocolate Sauce
Fresh Fruit	Variety of Fresh Fruit available daily: Apples, Oranges, Bananas, Pears and Seasonal Fruit				
Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
Biscuits	Variety of Biscuits available daily: Ginger, Oatmeal, Chocolate, Orange, Coconut, Chocolate Crunch and Custard Cream				
Yoghurts	Variety of Flavours served Daily				
Muffins / Cakes	Variety of Muffins available daily: Lemon, Fruit, Chocolate, Orange, Coconut				
Semi skimmed Milk 185ml	Milk	Milk	Milk	Milk	Milk
Bread Rolls	Available daily	Available daily	Available daily	Available daily	Available daily
Free Drinking Water	Available daily	Available daily	Available daily	Available daily	Available daily
Hot Drinks	Available daily	Available daily	Available daily	Available daily	Available daily

