



SPIE CATERING

Walkden High School

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Chicken Tikka Masala Served With Naan Bread 	Lemon, Garlic and Thyme Roast Chicken Leg 	Roast Turkey Dinner Served with Stuffing 	Sausage and Mash served with Onion Gravy 	Breaded Fish 
Vegetarian Meals	Quorn Bolognaise	Chefs Choice Quiche	Potato Tart	Quorn Sweet and Sour noodles	Vegetarian Sausage Roll
Starchy Foods	Steamed 50/50 Rice Pasta	Cous Cous New Potatoes	Mash	Sweet Potato Mash	New potatoes Homemade Wedges
Vegetables / Salad	Cucumber slices	Chefs Choice	Chefs Choice Mixed salad	Chefs Choice	Beans
Pasta Dishes	Pasta Sauce served daily from the following options: Arrabiata, Basilico, Pomodoro, Chicken – Italiano, Sweet Chilli, Firecracker, Tikka, Torino				
Jacket Potatoes	Jacket Potato served either Plain or with a choice from a variety of fillings available daily: Tuna, Cheese, Baked Beans and Chefs Choice				
Seasonal Soup	One choice of soup served daily from the following options: Leek and Potato, Butternut Squash and Parsnip, Carrot and Sweet Potato and Chefs choice.				
Self –Service Salad Bar	Various Salad items available daily from the self-service Bar				
Sandwiches	Variety of filled Sandwiches available daily: Chicken, Tuna Mayo, Ham, Cheese, Egg Mayo				
Open Baguettes	Variety of open filled Baguettes or Deli Sub available from the Counters and filed from the self-service Bar				
Tortilla	Varieties of filled Tortillas served daily from the following options: Chicken –BBQ, Chinese, Sweet Chilli, Chipotle, Tandoori, and Louisiana.				
Pizza	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato
Panini - Ham	Cheese & Ham	Cheese & Ham	Cheese & Ham	Cheese & Ham	Cheese & Ham
Panini- Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato
Dessert	Homemade Gingerbread men	Iced Shortbread	Summer Crumble and Custard	Cup Cakes topped with Fresh Fruit	Melon and Raspberry pots
Fresh Fruit	Variety of Fresh Fruit available daily: Apples, Oranges, Bananas, Pears and Seasonal Fruit				
Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
Biscuits	Variety of Biscuits available daily: Ginger, Oatmeal, Chocolate, Coconut, and Custard Cream				
Yoghurts	Variety of Flavours served Daily				
Muffins / Cakes	Variety of Muffins available daily: Lemon, Fruit, Chocolate, Orange,				
Semi skimmed Milk 185ml	Milk	Milk	Milk	Milk	Milk
Bread Rolls	Available daily	Available daily	Available daily	Available daily	Available daily
Free Drinking Water	Available daily	Available daily	Available daily	Available daily	Available daily
Hot Drinks	Available daily	Available daily	Available daily	Available daily	Available daily

