






SPIE CATERING Walkden High School

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Chicken Madras Served with Mint Yoghurt 	Beef Burger on a Barm Served with Salad 	Roast Chicken 	Chilli Served with Home tortillas 	MSC Salmon Goujons 
Vegetarian Meals	Shepherdess Pie	Quorn Lasagne	Mac 'N' Veg Bake	Quorn Pie	Veggie Burgers
Starchy Foods	Steamed 50/50 Rice Savoury diced potato	½ Baked Potato	Mash	Steamed 50/50 Rice Sweet Potato Mash	New potatoes
Vegetables / Salad	Chefs choice	Mixed Salad	Chefs choice	Chefs choice	Garden Peas Mixed Salad
Pasta Dishes	Pasta Sauce served daily from the following options: Arrabiata, Basilico, Pomodoro, Chicken – Italiano, Sweet Chilli, Firecracker, Tikka, Torino				
Jacket Potatoes	Jacket Potato served either Plain or with a choice from a variety of fillings available daily: Tuna, Cheese, Baked Beans and Chefs Choice				
Seasonal Soup	One choice of soup served daily from the following options: Leek and Potato, Butternut Squash and Parsnip, Carrot and Sweet Potato and Chefs choice.				
Self –Service Salad Bar	Various Salad items available daily from the self-service Bar				
Sandwiches	Variety of filled Sandwiches available daily: Chicken, Tuna Mayo, Ham, Cheese, Egg Mayo				
Open Baguettes	Variety of open filled Baguettes or Deli Sub available from the Counters and filed from the self-service Bar				
Tortilla	Varieties of filled Tortillas served daily from the following options: Chicken –BBQ, Chinese, Sweet Chilli, Chipotle, Tandoori, and Louisiana.				
Pizza	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato
Panini - Ham	Cheese & Ham	Cheese & Ham	Cheese & Ham	Cheese & Ham	Cheese & Ham
Panini- Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato
Dessert	Chefs choice Fruit Pots	Jam Sponge Custard	Strawberry& Fruit Mousse Stars	Peach and Raspberry Cobbler/Crumble	Chocolate Brownie
Fresh Fruit	Variety of Fresh Fruit available daily: Apples, Oranges, Bananas, Pears and Seasonal Fruit				
Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
Biscuits	Variety of Biscuits available daily: Ginger, Oatmeal, Chocolate, Coconut, Custard Cream				
Yoghurts	Variety of Flavours served Daily				
Muffins / Cakes	Variety of Muffins available daily: Lemon, Fruit, Chocolate, Orange				
Semi skimmed Milk 185ml	Milk	Milk	Milk	Milk	Milk
Bread Rolls	Available daily	Available daily	Available daily	Available daily	Available daily
Free Drinking Water	Available daily	Available daily	Available daily	Available daily	Available daily
Hot Drinks	Available daily	Available daily	Available daily	Available daily	Available daily



